



POST OPERATIVE INSTRUCTIONS
FOR IMPLANT PATIENTS

1. Leave the gauze packs over the surgery site for at least one to two hours before removing it. If the bleeding seems to be excessive, place another gauze over the area and bite firmly, exerting a constant pressure for fifteen minutes. Do not rinse your mouth for at least twenty-four hours following surgery and until all bleeding has stopped. Fluids should be taken as soon as possible, at least (2) quarts the day of surgery.
2. Place an ice bag to the face in the areas of surgery for the first twelve hours following surgery during waking hours. Do not place ice after day of the surgery.
3. The day following surgery rinse your mouth very gently with warm salt water or Peridex. This will aid healing and prevent offensive odors. (BRUSH YOUR TEETH) A clean mouth will reduce the possibility of infection.
4. Do not become alarmed regarding swelling or discoloration of the face that may occur following surgery. A slight temperature rise the day following surgery may also be evident. There may be an elevation of temperature (98.6 to 100 degrees) for the first forty-eight hours after surgery. Be sure to take adequate amounts of fluids. If the temperature is higher or continues, please notify us.
5. Soft foods are advisable the first several days following surgery. Fluids in the way of fruit juices, ice cream, soups and foods mixed in a blender will supply adequate nutrition and calories during the healing stages. Return to a normal diet as soon as possible. Counseling about nutritional supplements are available at your request.
6. When your lips and the corners of your mouth are stretched, they become dry and cracked. The use of lip ice or ointment will help minimize this condition.
7. Smoking has been shown to delay healing in the mouth and should be eliminated if at all possible in the early healing phase.
8. It is absolutely essential that your denture not be placed in your mouth until the doctor permits you to do so.

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9. Be certain to take the antibiotic as prescribed and return to this office as directed for post-operative treatment.
10. You can expect some discomfort when the anesthesia wears off. Take the prescribed medication for discomfort every 4 to 6 hours for relief.