

Post Operative Instructions After Apical Surgery

1. You may experience the following:
 - swelling
 - bleeding
 - bruising
 - numbness or tingling
 - pain
 - infection

2. Follow post operative Instructions as follows:
 - Use cold compresses for 10 minutes every hour for the first day
 - Rinse with Peridex (Chlorhexidine) twice a day
 - Take antibiotic as directed on bottle label
 - Take Ibuprofen 600 mg three times a day for at least the first three days
 - If prescribed, take other pain relievers when Ibuprofen is not enough
 - Avoid eating spicy foods (hot peppers) as that may cause severe pain
 - Avoid eating crumbly foods such as nuts, popcorn, potato chips as pieces may get trapped in the surgical site
 - Avoid strenuous activity or exercise for the first three days
 - Avoid brushing teeth around stitches as they may loosen or fall off, continue brushing everywhere else
 - Do not pull on lip or cheek to see the sutures

3. Return to the office for removal of sutures within a week.

4. Please call Dr. Bui directly if you have any questions, concerns or if symptoms are worse than expected. 786-252-4861.